

When should I come to the hospital??

Urgent/Emergent Concerns

- Vaginal bleeding like a period
- Severe abdominal pain
- Severe, prolonged headache
- Visual changes – blurred vision, “floaters,” or spots in front of your eyes
- Fever greater than 101degrees F
- Decreased fetal movement
- Signs of preterm labor (less than 37 weeks)
 - Gush of fluid or constant trickle
 - More than six contractions in one hour
 - Menstrual-like cramps in lower abdomen or back

Signs of Active Labor (greater than 37 weeks)

- Gush of fluid or constant trickle
- Strong, regular, painful contractions less than 5 minutes apart for at least 2 hours

Please never hesitate to call your clinic during regular working hours if you have any questions.

OB/GYN Clinic – 081-811-6404/DSN 629-6404

FP Clinic – 081-811-6271/DSN 629-6271

After hours:

MSW/Labor&Delivery – 081-811-6471/DSN 629-6471

Emergency Dept – 081-811-6164/DSN 629-6164

